

Mission Statement

Hunterdon Drug Awareness Program will provide the community, our at risk student population, our clients and their families, science based substance abuse treatment and prevention programming that creates a positive outcome in their lives. These services will be provided without regard to the client's sex, race, creed, age, religion, gender orientation, sexual orientation or ability to pay for services.

Fees

Services are covered by most insurance carriers. Counseling fees are based on a sliding scale. No one is denied treatment due to financial circumstances.

HDAP is a 501(c)3 not for profit agency. Funding is provided by the State of New Jersey, the County of Hunterdon, and the Hunterdon County United Way.

HDAP is in network with the following insurance carriers: Aetna, Amerihealth, Cigna, Concern Plus, Horizon BC/BS of NJ, Magellan, Medicaid and United Behavioral Healthcare.

Hours of Operation

Monday—Friday 9 a.m. to 9 p.m.

**Hunterdon Drug
Awareness Program**
8 Main Street, Suite 7
Flemington, NJ 08822
Phone: 908-788-1900

Glenn Duncan LPC, LCADC, CCS
Executive Director
gduncan@hdap.org

Hunterdon Drug Awareness Program, Inc.
8 Main Street, Suite 7
Flemington, NJ 08822
908-788-1900
www.hdap.org

Hunterdon Drug Awareness Program

www.hdap.org



Adolescent Treatment Services

908-788-1900

History

The adolescent treatment program (ages 13 to 18) at HDAP was created in November of 2005. Originally it consisted of one hour of education group each week. Clients were required to attend 10 groups, 3 individual sessions and 2 AA/NA meetings. Within two months, the last group of each month became a multi-family group (parents were required to attend at least twice). By 2007, clients were required to attend a minimum of 2 individual sessions a month and the number of AA/NA meetings was determined by the client and his/her counselor. In October 2008 the program underwent a drastic transformation. The program now consists of 4 groups per week and clients are required to participate a minimum of 15 weeks. Clients that successfully complete the program are then eligible to participate in the HDAP's Annual Graduation ceremony held in April.

Goals for the Adolescent Treatment Program

1. Teens will remain sober for a minimum of 15+ weeks.
2. Teens will be introduced to AA and/or NA.
3. Teens will have a basic education about substance abuse.
4. Teens will be exposed to a number of other lessons (see topics covered section).
5. Teens will have a healthy relationship with a counselor, in hope that they can replicate it in the outside world (seeking treatment again, if necessary).

Requirements for Completion

15+ weeks of abstinence from alcohol and all drugs (verified by urine screens at least once a week)

15+ weeks attendance in the Wednesday night Motivational Enhancement Group, which runs from 6:00 to 7:00 pm

15+ weeks attendance in the Wednesday night Multi-Family Group, which runs from 7:15 to 8:30 pm

10+ weeks attendance in the Monday night Educational Group, which runs from 6:00 to 7:00 pm

8+ Individual Sessions (at least every other week)

1+ AA/NA Meetings per month (documented). The number of meetings to be determined by the individual's counselor.

10+ Parent Groups attended by a parent or guardian. Which runs from 6:00 to 7:00 pm on Wednesday nights.

10+ Multi-Family Groups attended by a parent or guardian, which runs from 7:15 to 8:30 on Wednesday nights.



Topics Covered

- Soft and Hard Skills required for success in college and the working world
- Sex Education provided by Planned Parenthood
- Denial (including quotes teens and/or parents may recognize)
- Family Contracts
- Money and Budgeting
- How Drugs and Alcohol affect the brain and its neurotransmitters
- Relapse Triggers
- Spirituality
- Unfair vs. Fair Fighting
- Unhealthy vs. Healthy Relationships
- History of Addiction and Treatment

Adolescent Treatment Staff

Frank Greenagel, LSW, LCADC -

Frank received his MSW from Rutgers in 2006. He earned his Clinical Alcohol and Drug Counselor License (LCADC) in 2008. Frank teaches a seminar at the Center of Alcohol Studies at Rutgers called "Why Adolescent Programs Do/Don't Work." Frank conceptualized, and is the lead clinician for, the adolescent treatment program at HDAP.

Raffaella McAllister, LSW -

Raffaella obtained her MSW from Fordham University and is a Licensed Social Worker (LSW). She is steps away from her LCADC. She has worked in both inpatient and outpatient substance abuse treatment settings.

Jacynth Pelland, LCSW, LCADC -

Jacynth is HDAP's Clinical Director and has over 20 years of experience working in the substance abuse field and over 15 years experience teaching counselors in training to become substance abuse clinicians.